



## **BASKETBALL PROGRAM:**

Please contact [info@academyUSA.com](mailto:info@academyUSA.com) to inquire and register for programs.

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### **A. MINI-BALLERS:**

#### **Fundamentals and Skills Development for Beginners:**

Mini-Ballers Clinics are designed to introduce boys and girls, age 5 years old to basketball. These sessions will teach the basic fundamentals of footwork, ball handling, passing, and shooting mechanics. *Rims will be lowered to 8 feet - TBD.*

### **B. ROOKIE DEVELOPMENT:**

#### **Fundamentals and Technical Skills:**

Youth developmental basketball clinics are designed for U6 to U8 beginner to intermediate skilled athletes. These sessions will teach the basic fundamentals of footwork, ball handling, passing, shooting mechanics, defense, and offensive moves.

### **C. FOUNDATION DEVELOPMENT:**

#### **Fundamentals and Technical Skills:**

Foundation developmental basketball clinics are designed for U8 to U12 beginner to intermediate skilled athletes. These sessions will teach the fundamentals of footwork, ball handling, passing, shooting mechanics, defense, and offensive moves.

### **D. BASIC & INTERMEDIATE BASKETBALL CLINIC:**

#### **Fundamentals and Technical Skills:**

This clinic is designed for 2<sup>ND</sup> to 8<sup>th</sup> grade boys and girls with basic and intermediate skill set. Players will go through drills focusing on their footwork, ball handling, passing, shooting and defensive drills. Players will compete against each other in one-on-one, two-on-two and three-on-three drills.

### **E. ADVANCED BASKETBALL CLINIC:**

#### **Fundamentals and Technical Skills:**

This clinic is designed for boys and girls with an **advanced** skill set. Players will go through drills focusing on their footwork, ball handling, and defensive & offensive moves. Players will compete against each other in two-on-two and three-on-three drills.



## **F. SHOOTING MACHINE: GUN by SHOOT-A-WAY:**

This is a shooting development training clinic for boys and girls to improve their shooting mechanics. Players of all skill levels are welcome.

1. All sessions will be booked in maximum 20-minute or 30-minute time slots.
2. Sessions can be extended depending on court availability at the time of your session.
3. Sessions can be booked no more than 5 days in advance.

## **G. PICK UP GAMES:**

Pickup Games {with Referee at selected times}

## **Personal Training:**

### **Private Training:**

1-ON-1 focused Player Development

### **Group Training:**

Focused on Small Groups Training

### **Team Training:**

Focused on Team Training